

Tush Push

CHOREOGRAPHER: Jim Ferrazzano (aka: James Ferro) 1979
DESCRIPTION: A Four Wall Line Dance that faces a new wall to the Left (Counter-Clockwise) each time you begin.
COUNTS/STEPS: 40 Counts, 52 steps/Movements
MUSIC SUGGESTION: "Stroking" by Clarence Carter 4:35 L 120 BPM
"Fast as You" by Dwight Yoakum 4:45 L 130 BPM
"Mama's Don't Get Dressed Up for Nothing" by Brooks & Dunn ? L ? BPM
COMPETITION APPROVED: By CWLDA (1993). Competition music may be faster or slower.
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- I** **R. Heel, Touch Together, Heel, Heel**
1. Extend the **RIGHT** leg forward and touch the floor with the Heel.
 2. Touch **RIGHT** toe beside the Left foot.
 3. Extend the **RIGHT** leg forward and touch the floor with the Heel. (1/2 beat)
 - &. Lift the **RIGHT** heel slightly. (1/2 beat)
 4. Touch the **RIGHT** heel forward, again. (1/2 beat)
- II** **L. Heel, Touch Together, Heel, Heel**
- &. Small Jump, while bringing the **RIGHT** foot back, beside the left. Weight goes to the Right foot.
 5. Extend the **LEFT** leg forward and touch the floor with the Heel.
 6. Touch **LEFT** toe beside the Right foot.
 7. Extend the **LEFT** leg forward and touch the floor with the Heel. (1/2 beat)
 - &. Lift the **LEFT** heel slightly. (1/2 beat)
 8. Touch the **LEFT** heel forward, again. (1/2 beat)
- III** **R. Heel, L. Heel, R. Heel, Clap**
- &. Step **LEFT** foot beside the Right. (1/2 beat)
 9. Extend the **RIGHT** leg forward and strike the Floor with the heel. (1/2 beat)
 - &. Step **RIGHT** foot beside the Left. (1/2 beat)
 10. Extend the **LEFT** leg forward and strike the Floor with the heel. (1/2 beat)
 - &. Step **LEFT** foot beside the Right. (1/2 beat)
 11. Extend the **RIGHT** leg forward and strike the Floor with the heel.
 12. **CLAP** Hands at about chest level. (The Right foot is still extended, forward)
- IV** **Hip Bumps, (Two Forward, Two Back)**
13. Push/Bump the **RIGHT** hip forward, to the Right, shifting weight to the Right foot.
 - &. Straighten slightly, bringing the hip back.
 14. Push/Bump the **RIGHT** hip forward, to the Right, again.
 15. Push/Bump the **LEFT** hip back, to the Left, shifting weight to the Left foot.
 - &. Straighten slightly, bringing the hip forward.
 16. Push/Bump the **LEFT** hip back, to the Left, again.
- V** **(Alternate Hips), Front, Back, Front, Back**
17. Push/Bump the **RIGHT** hip forward, to the Right, shifting weight to the Right foot.
 18. Push/Bump the **LEFT** hip back, to the Left, shifting weight to the Left foot.
 19. Push/Bump the **RIGHT** hip forward, to the Right, shifting weight to the Right foot.
 20. Push/Bump the **LEFT** hip back, to the Left, shifting weight to the Left foot.
- VI** **R. Cha-Cha Forward, Rock, Step**
21. Step forward with the **RIGHT** foot. (1/2 beat)
 - &. Step **LEFT** foot beside the Right. (1/2 beat)
 22. Step forward with the **RIGHT** foot.
 23. Step/Rock forward with the **LEFT** foot.
 24. Rock back to the **RIGHT** foot.

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VII

L. Cha-Cha Back, Rock, Step

- 25. Step back with the **LEFT** foot. (1/2 beat)
- &. Step **RIGHT** foot beside the Left. (1/2 beat)
- 26. Step back with the **LEFT** foot.
- 27. Step/Rock rearwards with the **RIGHT** foot.
- 28. Rock forward to the **LEFT** foot.

VIII

R. Cha-Cha Forward, Step, ½ Pivot Right

- 29. Step forward with the **RIGHT** foot. (1/2 beat)
- &. Step **LEFT** foot beside the Right. (1/2 beat)
- 30. Step forward with the **RIGHT** foot.
- 31. Step forward to the **LEFT** ball of foot
- 32. Pivot ½ turn to the **RIGHT** off the Left ball of foot, ending with the weight forward, on the Right foot. (facing 6:00)

IX

L. Cha-Cha Forward, Step, ¼ Pivot Left

- 33. Step forward with the **LEFT** foot. (1/2 beat)
- &. Step **RIGHT** foot beside the Left. (1/2 beat)
- 34. Step forward with the **LEFT** foot.
- 35. Step forward to the **RIGHT** ball of foot
- 36. Pivot ¼ turn to the **LEFT** off the Right ball of foot, ending with the weight forward, on the Left foot. (facing 3:00)

X

Step, ½ Pivot, Stomp (up), Clap

- 37. Step forward to the **RIGHT** ball of foot.
- 38. Pivot ½ turn to the **LEFT** off the Right ball of foot, ending with the weight forward, on the Left foot. (facing 9:00)
- 39. Stomp (up) **RIGHT** foot beside the Left. (No weight change)
- 40. **CLAP** Hands at about chest level.

BEGIN AGAIN

*** NOTE: Your new starting wall is now 12:00**