

Movin' Out With Jeff

CHOREOGRAPHER: Jim & Martie Ferrazzano
DESCRIPTION: A Two Wall Line Dance that faces the opposite wall each time you begin.
COUNTS/STEPS: 48 Counts, 64 Steps/Movements
MUSIC SUGGESTION: "Holdin' On To Something" by Jeff Carson
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- I Heel Taps (Four Times)**
- &. Touch **RIGHT** foot slightly forward with the heel raised. (1/2 beat)
 - 1. Tap **RIGHT** heel down. (1/2 beat)
 - &. Raise the **RIGHT** heel. (1/2 beat)
 - 2. Tap **RIGHT** heel down. (1/2 beat)
 - &. Raise the **RIGHT** heel. (1/2 beat)
 - 3. Tap **RIGHT** heel down. (1/2 beat)
 - &. Raise the **RIGHT** heel. (1/2 beat)
 - 4. Tap **RIGHT** heel down putting your weight on the Right foot. (1/2 beat)
- II Heel Taps (Four Times)**
- &. Touch **LEFT** foot slightly forward with the heel raised. (1/2 beat)
 - 5. Tap **LEFT** heel down. (1/2 beat)
 - &. Raise the **LEFT** heel. (1/2 beat)
 - 6. Tap **LEFT** heel down. (1/2 beat)
 - &. Raise the **LEFT** heel. (1/2 beat)
 - 7. Tap **LEFT** heel down. (1/2 beat)
 - &. Raise the **LEFT** heel. (1/2 beat)
 - 8. Tap **LEFT** heel down putting your weight on the Left foot. (1/2 beat)
- III Bump Hips Right (Four Times)**
- 9. Push/Bump Hips to the **RIGHT** heel. Weight moves to Right foot. (1/2 beat)
 - &. Move Hips slightly to the left. (1/2 beat)
 - 10. Push/Bump Hips to the **RIGHT** heel. Weight moves to Right foot. (1/2 beat)
 - &. Move Hips slightly to the left. (1/2 beat)
 - 11. Push/Bump Hips to the **RIGHT** heel. Weight moves to Right foot. (1/2 beat)
 - &. Move Hips slightly to the left. (1/2 beat)
 - 12. Push/Bump Hips to the **RIGHT** heel. Weight moves to Right foot. (1/2 beat)
- IV Toe, Touch Front, Side, Hook, Hold**
- 13. Touch **LEFT** toe forward.
 - 14. Touch **LEFT** toe to the Left side.
 - 15. Hook **LEFT** foot across the Right Leg at about ankle height. As you Hook, pivot ¼ turn left on the Right toe/ball. (facing 9:00)
 - 16. HOLD for one beat.
- V Left Forward Shuffle, Step, Pivot**
- 17. Step **LEFT** foot the forward.
 - &. Step **RIGHT** foot beside the Left.
 - 18. Step **LEFT** foot Forward.
 - 19. Step **RIGHT** foot forward.
 - 20. Pivot ½ Turn **LEFT**. Weight ends forward on the **LEFT** foot. (facing 3:00)
- VI**
- 21. Step **RIGHT** foot forward. (1/2 beat)
 - &. Step **LEFT** foot beside the Right as you pivot ¼ Left. (1/2 beat) (facing 12:00)
 - 22. Step **RIGHT** foot back.
 - 23. Step/Rock **LEFT** foot Back.
 - 24. Step/Rock **RIGHT** forward.

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- VII** **Step, Touch, Slide, Step back**
25. Step **LEFT** foot forward.
26. Tap/Touch **RIGHT** toe across, behind the Left heel.
27. Slide **LEFT** foot slightly back.
28. Step **RIGHT** foot back.
- VIII** **Grapevine Right with ¼ Turn, Stomp**
29. Step **LEFT** foot forward.
30. Step **RIGHT** foot forward.
31. Tap/Touch **LEFT** toe across, behind the Right heel.
32. Slide **RIGHT** foot slightly back.
- IX** **Rock, Step, Stomp, Stomp**
33. Step/Rock **LEFT** foot back.
34. Step/Rock **RIGHT** foot forward.
35. Stomp **LEFT** foot slightly to the Left side,
36. Stomp **RIGHT** foot, slightly to the Right side. Feet about a shoulders width apart.
- X** **Hip Bump Right (Twice, Hip Bump Left (Twice))**
37. Push/Bump Hops to the **RIGHT**. (1/2 beat)
&. Bring the hips slightly back to center. (1/2 beat)
38. Push/Bump Hips to the **RIGHT**.
39. Push/Bump Hips to the **LEFT**. (1/2 beat)
&. Bring the hips slightly back to center. (1/2 beat)
40. Push/Bump Hips to the **LEFT**.
- XI** **Hips Right, Left, Step Pivot**
41. Push/Bump hips to the **RIGHT**.
42. Push/Bump hips to the **LEFT**.
43. Step **RIGHT** foot forward.
44. Pivot ½ to the Left, weight ending forward on the **LEFT** foot. (facing 6:00)
- XII** **Step, Lock, Step, Stomp**
45. Step **RIGHT** foot forward.
46. Step/Slide **LEFT** foot forward, locking behind the Right ankle.
47. Step **RIGHT** foot forward.
48. Stomp **LEFT** foot (down) besides the Right.
&. Raise the **RIGHT** heel slightly, preparing to start the steps again.

BEGIN AGAIN

*** NOTE: Your new starting wall is now 12:00**